

#### Aetna Health of California Inc.

P.O. Box 24019 Fresno, CA 93779-4019

<<PCP\_\_MembersFirst>> <<PCP\_\_MembersLast>> << Address>> << Address2>> <<City>>, << State>> << Zip>>

Member

<<PCP\_\_MembersFirst>>

<<PCP\_\_MembersLast>>

Notice date

<<Letter\_Date>>

Need more information?

Log In to www.aetna.com. or call us at 800-445-5299

# Your doctor is changing medical groups

Beginning << Effective\_Date>>, your primary care physician (PCP) is leaving << Current\_PMG>> because Aetna Health of California Inc. no longer contracts with this group as of << Effective \_Date>>.

## What this change means for you

Dr. **«PCP\_\_Check\_SheetLast»** will continue to be your PCP and will remain at his/her current office location:

<< Address1>>
<< CityStateZip>>
<< Phone1>>

This PCP is now part of <<**To\_IPA>>**. This group participates in the Aetna network. Please contact this group for more information.

<<To\_IPA >> << To\_IPA\_Amin\_Address>>

Soon you'll get a new Aetna member ID card. Please throw away your old card. Begin using your new card.

Because of this change, you may need to change your current specialist and/or hospital facility. You'll need to get care from specialists and hospitals who are affiliated with your new provider group. The hospital(s) affiliated with <<To\_IPA >> are <<To\_IPA\_Hosp\_Affils>>. Please ask your PCP about which specialist(s) you can see.

### Continuing your care

You may qualify for what we call "transition of care coverage." This means you may be able to stay with your present specialist or provider if you've already started treatment.

In some cases, you may be able to keep going to your current provider to complete a treatment or to have treatment that was already scheduled. This is called *continuity of care*.

Care will continue during a transitional period that will vary based on your condition. You or your provider should call us for approval to continue any care. You can review the specific conditions in our Transition of Care policy which you will find in the link below under "California HMO Transition of Care Coverage:" <a href="https://www.aetna.com/individuals-families/member-rights-resources/rights/state-specific-information.html">https://www.aetna.com/individuals-families/member-rights-resources/rights/state-specific-information.html</a>

You may also refer to your Evidence of Coverage and the section entitled, Who provides the care - Keeping a provider you go to now (continuity of care) for details.

You or your doctor must complete a Transition Coverage Request form and send it to us. To get the form and to get your questions answered about continuing care, please call us at 800-445-5299.

### We can help

You may choose a different provider. If you would like to select a different provider at any time, or if you have questions, call the Member Services at 800-445-5299.

We're sorry for any problems this may cause. If you have questions, you may call the number on your ID card or you can also contact your PCP.

If you have been receiving care from a health care provider, you may have a right to keep your provider for a designated time period. Please contact your health plan's customer service department (see below), and if you have further questions, you are encouraged to contact the Department of Managed Health Care, which protects consumers, by telephone at its toll-free number, 1-888-466-2219, or at a TDD number for the hearing and speech impaired at 1-877-688-9891, or online at <a href="https://www.dmhc.ca.gov">www.dmhc.ca.gov</a>.

Aetna Member Services (800)-445-5299 TDD 1-800-628-3323 Monday through Friday, 8 a.m. to 5 p.m.

If you receive a bill (other than for copays, coinsurance or deductible expenses), please call Aetna Member Services at the number above.

We're committed to providing you access to high quality care. If you have questions about this change, or about claims or claims payments, please contact Aetna Member Services at the number IDcard or the TDD number for the hearing impaired at **TDD 1-800-628-3323** 

Monday - Friday, 8 a.m. - 5 p.m.

#### More help is available if you need it

Para la explicacion de esta correspondencia en Espanol, favor de llamar a Aetna Health of California Inc. Customer Services al número que aparece en su tarjeta de identificación.

**IMPORTANT:** Can you read this letter? If not, we can have somebody help you read it. You may also be able to get this letter written in your language. For free help, please call right away at **1-877-287-0117**.

**IMPORTANTE:** ¿Puede leer esta carta? En caso de no poder leerla, le brindamos nuestra ayuda. También puede obtener esta carta escrita en su idioma. Para obtener ayuda gratuita, por favor llame de inmediato al **1-877-287-0117**.

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,

P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779), 1-800-648-7817, TTY: 711,

Fax: 859-425-3379 (CA HMO customers: 860-262-7705), CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at

https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change. Notice of the change shall be provided in accordance with applicable state law.

Health plans are offered, underwritten or administered by Aetna Health of California Inc. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to **www.aetna.com**.

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The Aetna companies that offer, underwrite or administer benefits coverage include Aetna Health of California Inc. and Aetna Life Insurance Company. (Aetna)

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**This Notice has Important Information.** You may need to take action by certain dates to keep your health coverage or help with costs. For help in your language at no cost, you can call the number on your ID card. (English)

**Este aviso contiene información importante.** Es posible que deba realizar determinadas acciones en ciertas fechas para mantener su cobertura de salud u obtener ayuda para pagar los costos. Para obtener ayuda en español sin cargo alguno, llame al número que figura en su tarjeta de identificación. (Spanish)

本通知包含重要資訊。您可能需要在特定日期前採取行動,以保留您的健康承保或關於費用的協助。如欲免費取得中文幫助,您可撥打您保險卡上的電話號碼。(Chinese)

Ang Abisong ito ay Naglalaman ng Mahalagang Impormasyon. Maaaring kailanganin mong gumawa ng aksyon sa tiyak na mga petsa upang mapanatili ang pagsakop sa iyong kalusugan o tulong na may gastos. Para sa tulong sa Tagalog na walang gastos, maaari kang tumawag sa numero sa iyong ID card. (Tagalog)

حتوي هذا الإشعار على معلومات مهمة. لذا يجب أن تتخذ الإجراءات اللازمة في المواعيد المحددة للحفاظ على تغطيتك الصحية أو للحصول على مساعدة في التكاليف. ولتلقي المساعدة بـ (اللغة العربية) مجاناً، يمكنك الاتصال على الرقم الموجود في بطاقة الهوية. (Arabic)

**Այս ծանուցում ունի կարեւոր տեղեկություններ**. Դուք կարող եք անհրաժեշտ է միջոցներ ձեռնարկել, ըստ որոշ ժամկետների պահել ձեր առողջության լուսաբանումը, կամ օգնել, ծախսերը. Օգնության համար (հայերեն) ոչ մի գնով, դուք կարող եք զանգահարել է մի շարք ձեզ վրա ID քարտ. (Armenian)

इस नोटिस में ज़रूरी जानकारी है। आपको अपनी स्वास्थ्य कवरेज को बनाये रखने या लागतों में सहायता के लिए कुछ विशिष्ट तारीखों तक कार्रवाई करनी पड़ सकती है। बिना किसी लागत के (हिन्दी) में सहायता के लिए, आप अपने आईडी कार्ड पर दिये नम्बर पर कॉल कर सकते हैं।(Hindi)

**Daim ntawv ceeb toom no muaj lus qhia tseem ceeb.** Koj yuav tsum tau ua qee yam ua ntej cov sib hawm teev tseg kom koj txoj kev pab kho mob dawb los yog kev pab kho mob them nqi qis muaj txuas mus ntxiv. Yog xav tau kev pab hais koj hom lus (Hmoob) pub dawb, koj hu tau rau tus xov tooj ntawm koj daim npav. (Hmong)

本通知は大切なお知らせです。健康保険を保持するため、もしくは費用を抑えるために一定期日までに措置を講じなければならない場合があります。無料にて日本語でお問い合わせになりたい場合はIDカードに記載されている番号までお電話ください。(Japanese)

본 통지서에는 중요한 정보가 담겨져 있습니다. 건강 보험을 계속 유지하거나 비용 관련 도움을 계속해 받으시려면 특정 일자까지 조치를 취하셔야 할 필요가 있습니다. 무료로 한국어로 도움을 받고 싶으시면 보험 ID 카드에 수록된 번호로 전화해 주십시오. (Korean)

សេចក្ដីជូនដំណឹងនេះ មានព័ត៌មានសំខាន់ៗ។ អ្នកអាចត្រូវធ្វើសកម្មភាព គ្រឹមកាលបរិច្ឆេទជាក់លាក់ ដើម្បីទទួលបានការរ៉ាប់រងលើចំណាយផ្នែកសុខភាព ឬ ជំនួយសម្រាប់ចំណាយនានា។ សម្រាប់ជំនួយជា ភាសាខ្មែរ ដោយឥតគិតថ្លៃ អ្នកអាចទាក់ទងលេខទូរសព្ទដែលមាននៅលើកាតសម្គាល់ខ្លួនរបស់អ្នក។ (Mon-Khmer, Cambodian) ਇਸ ਨੋਟਿਸ ਵਿੱਚ ਜ਼ਰੂਰੀ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਗਈ ਹੈ। ਆਪਣੀ ਸਿਹਤ ਕਵਰੇਜ਼ ਨੂੰ ਬਣਾਏ ਰੱਖਣ ਲਈ ਜਾਂ ਲਾਗਤਾਂ ਵਿੱਚ ਮਦਦ ਲਈ ਤੁਹਾਨੂੰ ਕੁਝ ਖਾਸ ਤਾਰੀਖਾਂ ਤੱਕ ਕਾਰਵਾਈ ਕਰਨੀ ਪੈ ਸਕਦੀ ਹੈ। ਬਿਨਾਂ ਲਾਗਤ ਦੇ (ਪੰਜਾਬੀ) ਭਾਸ਼ਾ ਵਿੱਚ ਮਦਦ ਲਈ, ਤੁਸੀਂ ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ਤੇ ਦਿੱਤੇ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰ ਸਕਦੇ ਹੋ। (Panjabi - Punjabi)

این اطلاعیه حاوی اطلاعاتی مهم است. ممکن است که لازم باشد شما برای حفظ بیمه سلامت خود و یا کمک به هزینه های درمانی خود در تاریخ های معینی اقداماتی انجام دهید. برای دریافت کمک به زبان فارسی به صورت مجانی، می توانید با شماره تلفن موجود روی کارت شناسایی خود تماس حاصل کنید.(Persian-Farsi)

**В этом Уведомлении содержатся важные сведения.** Для того чтобы сохранить страховку или получить помощь в оплате полученных услуг, Вам, возможно, нужно что-то сделать в сроки, указанные в этом уведомлении. Если Вам нужна помощь на русском языке, Вы можете ее бесплатно получить, позвонив по телефону, указанному на Вашей идентификационной карточке участника плана. (Russian)

หนังสือแจ้งนี้มีข้อมูลสำคัญ คุณอาจต้องคำเนินการภายในวันที่ที่กำหนดเพื่อคงความคุ้มครองค้านสุขภาพหรือความช่วยเหลือเรื่องค่าใช้จ่าย สำหรับความช่วยเหลือเป็น (ภาษาไทย) โดยไม่เสียค่าใช้จ่าย คุณสามารถโทรไปยังหมายเลขที่ให้ไว้บนบัตรประจำตัวของคุณ (Thai)

**Thông Báo này có Thông Tin quan trọng.** Quý vị có thể cần thực hiện vào những ngày nhất định để giữ bảo hiểm của quý vị hoặc được trợ giúp chi phí. Để được trợ giúp bằng tiếng Việt miễn phí, quý vị có thể gọi đến số điện thoại ghi trên thẻ ID của quý vị. (Vietnamese)